



Scotch Whisky Action Fund – 2015 Awardees

Young People		
Organisation	Amount Awarded	Project Description
Granton Youth Centre	£10,226	Towards sessional staff costs to enable the organisation to expand their current North Edinburgh Streetwork programme of alcohol-based interventions with young people from 3 evenings per week to 5 evenings per week. The programme supports the engagement of young people in developing awareness, alternative participation and support around peer pressure when it comes to alcohol and the wider issues of substance misuse, involvement in crime, participation in risky sexual behaviour and anti-social behaviour.
Space Unlimited (You Decide Ltd)	£9,124	Towards the cost of a Project Manager, project management costs, travel and expenses to enable the organisation to undertake the second phase of their Scotch Whisky Action Fund supported youth-led enquiry project which looked into the issues that young people faced in relation to alcohol misuse in the Port Glasgow area of Inverclyde. This follow up project, which will take place over a 9 month period, seeks to implement the potential solutions to alcohol misuse that were identified by the young people during the process of the youth-led enquiry. These ideas are both school and community based and include using social media more effectively to engage with young people, designing activities for a local youth club, school-based events that can support a dialogue between young people and their parents on alcohol misuse and designing and piloting a school-based peer support service for young people. Young people will again be at the forefront of the delivery of these activities.



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Fuse Youth Café Glasgow	£24,242.80	Towards the costs of a full-time Alcohol Worker to deliver workshops on alcohol to young people and their families from the Shettleston area of Glasgow. Shettleston is an area where alcohol use amongst young people is particularly problematic and the addition of a specific alcohol focused worker will enable the organisation to focus on prevention, education and information platforms which will see the families of the young people benefit as well as the young people themselves.
Families		
Organisation	Amount Awarded	Project Description
VOCAL (Voice Of Carers Across Lothian)	£20,000	Towards the cost of a part-time Support Worker to work with older people aged 50+ who are at risk of problematic alcohol use. "Mr/Ms. Motivator" volunteers will be used to develop self-directed social, peer and health and wellbeing activities targeted at helping older people out of isolation and supporting them to self-manage alcohol consumption. The project will support carers to limit their isolation through access to local community activities and also offer open dialogue on strategies for responsible drinking to limit risk of harm to their health and well-being. The Support Worker will be responsible for the delivery of the project and will develop local support networks in different communities in Edinburgh to help integrate isolated carers at risk of alcohol misuse into systems of self-directed support. Specialist staff will also be available to work with individuals to offer additional supports, intensive harm reduction and education.
Up-2-Us Ltd	£13,536	Towards the cost of a part-time Project Worker, travel and premises costs to enable the organisation to provide 1-1 enhanced mentoring support to young people and their families where the alcohol consumption of a parent is having an impact on the young person's life. The Project Worker would visit families in the home and work with them to improve relationships, provide family mediation



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		and improve parenting skills. Parents would also have the opportunity to take part in group work activities that can improve their awareness of the impact that drinking can have on their child's life and the young people would have opportunities to receive support to join activities and groups locally to minimise the risk of them turning to alcohol to cope with their family lives.
ia2ps (increased access 2 psychological support)	£10,823.20	Towards the cost of appointing 2 sessional workers to design and deliver a project entitled 'Keep the Heid!' targeted at new parents living in Stewarty and Nithsdale in Dumfries and Galloway. The sessional workers will deliver four, 10-week Mindfulness Based Living and Responsible Alcohol Awareness Programmes to new parents to raise awareness, and prevent, excessive or inappropriate alcohol consumption post-birth. The project will also teach new parents about the practice of mindfulness and encourage them to adopt mindfulness in their day to day lives.
Communities		
Orkney Alcohol Counselling and Advisory Service (OACAS)	£12,048	Towards the cost of designing and delivering an alcohol rehabilitative education programme for individuals subject to banning orders by the "Pub Watch" scheme in Orkney. The introduction of the programme would provide an opportunity to improve/educate the banned individual on alcohol misuse risks and consequences so that he or she is less likely to repeat his/her unacceptable behaviour in future. The Orkney Pub Watch educational programme would deliver in depth knowledge on the effects of alcohol use, the differing strengths of alcoholic drinks, and the health, social and personal consequences of alcohol misuse.