The spirit of Ruchill and Possilpark
Reducing Elderly Isolation in Ruchill and Possilpark
Guidance notes

The spirit of Ruchill/Possilpark is a Panel of local people have overseen the design and distribution of the resource budget informed by the ideas and aspirations of community groups and local people. In 2018 the Spirit of Ruchill and Possilpark Community Panel secured additional funding from private and public donors to continue the community-led grant-making programme.

The Fund is managed by Foundation Scotland, an independent grant-making charity. Foundation Scotland receive and process applications for grants. Recommendations about grants and how the money is used are made by a Community Panel made up of local residents.

The panel is currently awarding grants of up to £1,000 for activities addressing elderly isolation. If you are a constituted group that provides activities for people from Ruchill and/or Possilpark and are looking to undertake a project that would reduce elderly isolation, then we might be able to support you!

Foundation Scotland and the Panel recognise that some community activity is organised by groups that are more informal without formal governance arrangements (such as a constitution) in place. Such groups are welcome to enquire about applying for a grant and can sometimes be supported depending on circumstances.

What do we mean when we say, “supporting activities addressing elderly isolation”?

We will support any organisation/projects working with people who are over the age of 50. We are particularly interested in supporting projects that consider one or more of the below themes:

Communication:
Producing better communication for isolated people in your community to find out more about your group and how to participate. Arranging an event for older isolated people in your community, to find out more about your group.

Neighbourliness:
Delivering activities around befriending or creating initiatives to enhance neighbourliness.

Transport:
Supporting isolated people to have access to transport to attend your group or engage in your activities.

Activities:
Provide a greater range of activities to your current or new members; bingo, bowls, dominos days, arts and crafts, subsidised outings, social events or tea dances, to name but only a few...
**Events:**
Organising an event for older people in your community.

**Intergenerational:**
Providing opportunities for your members and younger people in the community to socialise or learn together.

Awards of between £250 and £1,000 are available. Applicants are expected only to apply for the amount they required. The Panel welcomes applications that can show funds are also being raised from other sources.

### What are the deadlines and timescales for 2019?

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<th>Closing date</th>
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<td>December 13th</td>
<td>Decision Feb</td>
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Awards can support a wide range of costs and activities including equipment costs, running costs for local groups, staff or sessional worker costs, consultations, maintenance or refurbishment of community facilities etc. For any capital items (e.g. equipment) costing between £200 and £2,000 you will need to provide a quotation from a supplier.

### What cannot be supported?

- Projects which do not primarily benefit people living within the Ruchill or Possilpark.
- Individuals
- Grant requests towards the advancement of religion or politics (including requests to support the core activities of religious or political groups).
- The purchase of secondhand vehicles.
- The repayment of loans or payment of debts.
- Costs already incurred or activities which will take place before we have made a decision on an application (retrospective funding).
- General fundraising appeals or activities.
- Activities understood to be the primary responsibility of statutory authorities

### How can I apply?

Application forms and guidance are available online or to download from [https://www.foundationscotland.org.uk/programmes/spiritruchillpossilpark/](https://www.foundationscotland.org.uk/programmes/spiritruchillpossilpark/) or by post or email from the Programme Administrator at Foundation Scotland on 0131 524 0300 or rosalind@foundationscotland.org.uk.

Completed and signed applications should be submitted to **Programme Administrator, Foundation Scotland, 15 Calton Road, Edinburgh, EH8 8DL** or via email (including scans of supporting documents) to: communitybenefit@foundationscotland.org.uk
**What if I have more questions?**

We welcome pre-application enquiries. For further advice or information on the Fund or to discuss your project proposal, please contact Eimear at Foundation Scotland team on the number 0141 341 4968.

**What happens after I have submitted the application?**

We will check your application has been submitted with the necessary information. We aim to contact you as soon as possible if there is anything missing or if you are ineligible to apply.

An assessor will then contact you to arrange a short telephone conversation to learn more about your project and request for funding. If you will be unavailable for any significant period between the submission deadline and notification date, please include a note to that effect in a covering letter, as your application may not be considered if our assessor cannot contact you.

You will then be informed of an outcome in writing by email or letter about a week after the Panel decision making meeting.