



Foundation Scotland

Where philanthropy meets community

Foundation Scotland

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Our Year Our Impact

Our Impact

Number of Funds **>400**

2878

Grants to

1844

Organisations

Smallest Grant **£30**

Largest Grant

£150,000

Total amount awarded

£9,580,000

We are delighted to share these impact stories in our Yearbook, following a busy and successful year at the Foundation.

We are delighted to share these impact stories in our Yearbook, following a busy and successful year at the Foundation. Over the last year the Foundation welcomed many new clients including: individuals taking their first steps into philanthropy; companies such as the Nationwide Building Society; Foresight LLP and North Connect; the Oak Foundation charitable trust and communities like the Galson Estate Trust on the Isle of Lewis and Kilgallioch Community Benefit Company in South Scotland.

We supported existing partners to grow their funds and increase their impact. Baillie Gifford Investment Managers with our support have developed a range of community funding programmers, and EDF Renewables are supporting individuals through education and training funds. We also encouraged some new funding relationships; the Coram Trust is supporting the innovative Strontian community-owned primary school project, highlighted on page 4- this a great example of how philanthropy can support a community-owned venture.

We distributed over £9.5M supporting communities, charities and local grassroots projects. This was through nearly 3,000 funding awards, an all-time high at the Foundation. Our investment portfolio continues to grow helping us build a long-term endowment for charitable support in Scotland. This reached a value of £33.3 million, up from £29.6 million last year.

With new clients and existing ones growing their funds combined with the stories of community impact this serves to keep us motivated at Foundation Scotland. Thank you to everyone who has contributed to our success in the last year, which ultimately led to increased impact across Scotland's communities. A special mention goes to the staff and volunteers of the Foundation this year, who have continued to deliver high quality services, community engagement and funding in a period of growth and organisational change

- thank you!



Tom Ward, Chair



► Sunart – a Small Community with a Huge Ambition

Sunart, a small community of 400 people, united around the opportunity to build their own micro-hydro scheme. The Sunart Community Company undertook a feasibility plan, then established Sunart Community Renewables to raise the capital through a community shares approach.

The Sunart Hydro scheme is harnessing the energy from the Allt nan Cailleach burn which runs down into Strontian. The £800,000 scheme went live in 2016. It currently generates some £40,000 annually, routed to the Sunart Community Company. The hydro funds are distributed twice a year, via a Community Benefit Panel which was established utilising our good practice guidelines.

The next project they tackled was the Strontian Community School Building, which opened for the new school year as the new primary school. Highland Council had told the community it would be at least ten years before it could merge the primary into the campus of the secondary school, due to financial and legal issues. The community recognised that this would do nothing to attract young families to the area

and would be a poor substitute for a well-built school. Taking the matter into their own hands, the community developed feasibility, architectural plans and a £600,000 package of funding to create a new building. This houses the primary school for the next decade and generates rental income from the local authority. After a decade, if the primary school moves next door into the secondary school, the community owned building will be re-purposed into affordable housing, to attract new and retain existing families, who struggle to find affordable secure tenancies, or perhaps into sheltered housing for older residents.

Foundation Scotland knew the community and their creative solution to the primary school opportunity when the finance package was being pulled together. Whilst the project attracted community shares income, it also required a commercial loan. A Foundation client, an individual philanthropist behind the Coram Trust, with a interest in affordable housing, was so taken with the community's ingenuity, and the long-term regeneration value of the project, he supported the scheme, and thus reduced the size of loan required.

The school has opened and the community has turned its attention to

other schemes and assets, including community woodland and marine tourism development. However a major project on the horizon, and central to the Strontian village and their masterplan, is to improve the housing and services for older members of the community. Watch this space!

“People here volunteer because they are parents and it’s their school – but they wouldn’t get as involved if they were saving a neighbouring school or tackling ‘strategic planning’ at a peninsula-wide level.

That would only attract politicians. I’m sure most other communities would feel exactly the same, when it’s their own place and their own children’s future that’s at stake.

James Hilder, Treasurer

Making Communities a **stronger** place to **live, work** and **play**

► Creating a Vibrant Community

The Kyle of Sutherland community goes from strength to strength. Their journey started with small projects and big ideas. Foundation Scotland has worked closely with the Kyle of Sutherland Development Trust, as a community anchor body, for several years.

The Foundation encouraged the Trust to use community funds to employ a development manager, who became the key to unlocking a new future.

Behind it all lies a vision of economic health and wellbeing for the whole community, whilst strengthening and uniting the local community through a range of projects and activities. Like many rural and isolated communities, they are addressing the challenge of out-migration of younger people, while future-proofing their community to support the needs of an ageing population.

Early projects included an energy advice service, an active lives project and building and managing affordable homes. However, a flagship project was the redevelopment of

the Falls of Shin Visitors Centre. Five years ago, two major events occurred. Carbisdale Castle Youth Hostel closed and the Falls of Shin Visitor Centre burned down. Both venues were vital to the local economy, providing employment and attracting visitors. Recognising the likely impact of these closures the Trust acted quickly, brought together many agencies to support immediate action, and established a project team to rebuild the Falls of Shin Visitor Centre.



A community fund managed by the Foundation provided responsive funding to the Development Trust to alleviate the effects of the Visitor Centre closure. This funding was perceived as a vote of confidence in the Trust and helped it become recognised as the anchor organisation. The support of the local community was a demonstration of confidence to

other funders, who eventually helped to secure the funding needed to make the project a reality. In total the team secured £1.4million.

A local firm was contracted to do the rebuild, enabling local businesses to supply services and labour. This in turn helped create a sense of ownership within the community and all those involved now proudly showcase the building to family and friends.

The Falls of Shin Visitors Centre reopened in 2017 to much acclaim. It offers visitors the opportunity to see wild salmon leap the Falls of Shin, meander along woodland trails and visit the café or enjoy a picnic. There is also a play area for children. Within just a few months of opening, the Centre had attracted over 70,000 visitors. The Centre now hosts weddings and corporate meetings and is a major contributor to the economic success of the area.

The Development Trust then turned its attention to the redevelopment of Ardgay village centre, with a new village square and a hub, called The Barn, providing a permanent home for the Trust, as well as space for other businesses.



► “Scotting Hill” - Celebrating Cultural Diversity in Govanhill

Govanhill in the Southside of Glasgow has some of the highest levels of deprivation in Scotland. It is also one of the most diverse communities in Scotland. In this small pocket of the city over 63 different languages are spoken.

In 2017, the Govanhill Baths Community Trust organised a programme of creative and educational activities to celebrate the diversity of the community, whilst providing an antidote to the high levels of division. The programme culminated in a Carnival, the Govanhill International Festival.

The Trust engaged with a wide range of people of all ages, including school pupils, young people via youth projects and refugees. The initiative aimed to provide a better understanding of the many cultures represented in the local area. The programme and the Carnival was a great success. It brought unity whilst celebrating the extraordinary diversity and history of the area. For local groups it offered a platform to promote the many activities taking place.

A community member in the Carnival parade commented “It introduces everyone to their neighbours and showcases all the amazing groups and voluntary organisations which do incredible things for their community. It is really important for communities

to celebrate together and to feel connected.”

The finale to the Carnival parade was an evening of music and entertainment held in Queen’s Park. People enjoyed performances from the Big Noise Orchestra, The Socialist Choir, Brass Eye and many more. The Trust were delighted that local MSP and First Minister Nicola Sturgeon opened the event.

The Carnival has been so successful that the Trust have taken their next step, and now employ a part-time Carnival co-ordinator who is organising the next festival and beyond.

Funder:
The Hilden Charitable Fund

Bringing people **together** to create **stronger** communities

► Making Connections, Improving Well-being

It’s well known that loneliness and isolation can have a negative impact on health and well-being.

Typically, men find it more difficult than women to build social connections, and older men often have a smaller network of friends, and rarely share personal concerns about health or their worries. Whilst a cliché, research bears this out.

The Men’s Shed project aims to tackle this issue by providing a place to pursue practical interests, as



well as building social connections. In Scotland, there is currently a network of 78 sheds with more in development. Moffat Men’s Shed, officially opened its doors and is the latest to join this ever expanding movement.

Moffat Men’s Shed was set up in response to a growing need locally for a place where men young and old could come together. Local group, MoffatCan, provided the space and in turn the men have transformed this once empty shell into a work shed and social space. The group don’t charge their members for attending, instead they look for ways to generate income to cover running costs. Using their woodworking skills they are making “pig planters” and “sheep planters” which are sold locally. They even have an order for a “flat pack planter” to be sent to Canada!

The Shed is in its infancy. The men see it as a way to establish friendships and as a place where they can meet regularly, develop and learn woodworking skills, and over a cup of



tea and a chat they are building social connections. They plan to expand their offering, and hope to include metalwork skills and healthy eating and cookery courses.

Local women are keen to replicate the shed concept and are planning to establish a “She Shed”. This is welcomed, with the men saying “This is a facility for the whole community; we are open to all and will welcome all ideas to help us grow.”

Funder:
SSE Clyde (Dumfries and Galloway) Community Fund





Reducing inequality and exclusion

► Bikes for Refugees - Connecting People with their Communities

A simple idea is having a big impact on the refugee and asylum seeking communities in Glasgow and Edinburgh. Bikes for Refugees takes second hand bikes, makes them roadworthy and donates them to refugees and asylum seekers. In just one year they distributed over 200 bikes. For many it provides an opportunity for the community to explore their new home and make new friends, whilst staying healthy.

Bikes for Refugees is run by a bank of volunteers who help fix up the bikes and provide bike proficiency training. They received funding to support five volunteers to participate in a mechanics course, called "Velotech Silver". This course is accredited and recognised as the professional mechanics qualification. It enables Bikes for Refugees to give something back to their volunteers whilst helping to establish education and training opportunities.

Of the five volunteers involved in this programme one came from Iran and two from Syria. This is the first time Bikes for Refugees have been able to support their volunteers in this way and the qualification has helped them

to grow a larger volunteer base, to help meet the growing demand for their bikes.



Funder
The Hilden Charitable Fund



“I've been supporting bikes for refugees since the beginning and I received one of the first bikes. I use my bike to get around the city from my home to my work and to my college, and when volunteering to help fix bikes.

For lots of journeys, even shopping, I use my bike. Refugees have only very limited money so having a bike can help people like me access employment and the local community.

I was recently trained as a bike mechanic by Bikes for Refugees and have my certificate for fixing bikes which I now enjoy doing for other refugees who were just like me when I came to Scotland. (Ahmad - Volunteer)

Physical and mental health and wellbeing

► The Empower Project

The online world offers greater connection and access to information. However, despite many benefits there is a darker side. Many people, in particular young women, face abuse on a regular basis from those emboldened by the cloak of anonymity that the virtual world offers.

The abuse takes many forms, from bullying, image abuse (so called 'revenge porn') sextortion, doxing and harassment. The very nature of the virtual world means there is no escape from what can seem like a relentless barrage of abuse.

Despite the rise in awareness of tech abuse, there was no single organisation dedicated to tackling this issue in Scotland. This changed with the launch of the Empower

Project. Funding helped with the initial development of the organisation, including purchasing IT equipment and the development of marketing materials. Further funding helped the project deliver workshops in Edinburgh, Aberdeen, Dundee and Inverness.

The Empower Project engages young people, trying to understand the way in which girls and women explore sexual identity and their experience through technology. They also help to prevent the culture of demonisation or chastisement of those that voice personal opinions and share personal experiences online. In their first year they have focused on sex, relationships in the digital age and the impact on young people.

Through their membership, they aim to connect policy makers with the lived experiences of women and girls who have been impacted

by tech abuse. They support their members in tackling abuse in their own communities, whilst developing the knowledge base of those working with young people. Without the voices of young people, policy makers will continue to misunderstand the issues.



Funders: ScotRail Foundation, Womens Fund for Scotland, Mars Goodness Knows, Baillie Gifford

► Who Said it was Easy Being a Man?

Anyone with a car knows how important it is to ensure its roadworthiness, and that once it reaches a certain age that it must have an annual MoT. But, have you ever thought about applying that concept to ensure you stay healthy? Well, MENSELF have done just this, taking the MoT concept and developing it into a 15-point health check for men called MOT4Men.

The MOT4Men is a non-medical questionnaire, delivered in a fun way, to remove the fear and apprehension often associated with visiting the doctor. The questionnaire takes motoring concepts and relates them to bodily functions e.g. paintwork equates to skin, oil pressure relates to blood pressure.

Jim Mathieson, Founder of MENSELF said "Just as we take an interest in regular check-ups of a car, its important to look after our health; the MOT4Men takes the concept of a car MOT and applies it to men's health."

The concept came to Scotland after the founder had been involved with a similar programme in Australia.

Research indicates that men won't engage in specific health promotion workshops, however, they are more likely to show interest if information was provided at events which they are likely to attend, such as at golf clubs and car shows.

On testing one young man's blood pressure at the "Oil Station" it was found to be extremely high. Three months later the young man approached the group, thanking them. Due to his MOT4Men he had the courage to visit his doctor who had discovered problems with his kidney. Since receiving treatment his blood pressure has reduced dramatically. He said that if it hadn't been for the project he might never have gone to see his doctor, would have suffered the pain and the ongoing consequences.

When visiting the "Paintwork Station", one young man said that he was receiving cream treatment for a mole on his back and after some weeks

it wasn't getting any better. He was anxious as it seemed to be getting bigger. He discussed his concerns and fears about it. On a further test "Shock Absorbers - Coping Station" he failed as he was suffering from stress. MENSELF translated his symptoms into a car analogy. He was asked that if the paintwork was still rusty after the mechanic had repaired the car then what would be the next steps? His answer was to go to another mechanic. He then had a next step to solve his problem, and said that he would need to seek a second opinion.

On a follow-up with MENSELF three months later he explained that he had gone to see a specialist. His mole was surgically removed, having been a non-melanoma cancer. His back has healed, and just as importantly his "shock absorbers", are now in fine working condition again and his stress levels have dropped considerably.

Funders: Comic Relief, Mars Goodness Knows, ScotRail Foundation, The Champ Trust





► The Larder – A Recipe for Success in West Lothian

The Larder believe that food is a great tool to help achieve change in a young person's life. They advocate that everyone has the right to reach their full potential and recognise that some people need a bit more time and support to do that. The Larder has two aims: to support young people who experience multiple barriers getting into work, and to support people in West Lothian to cook their own healthy food from scratch.

The Larder offers a range of cookery activities for adults and children, and also for corporate customers. Any profits are re-invested in training and employability programmes. These programmes meet individual needs, teach the employability skills required to gain and sustain a job, alongside the basic practical skills required to work in the hospitality sector. Young people between the ages of 14 and 19 participate, with priority given to those with a family history of unemployment or who face multiple barriers in securing sustainable employment.

They received £45,000 funding to help cover the cost of employing a full-time manager. This post focuses on the development of hospitality training opportunities and work experience for young people.

A young teenage woman was referred by the Schools West Lothian Employability Award Programme. Whilst attending the Larder's programme, she was provided with an opportunity to gain additional qualifications as she trained in their bespoke training kitchen. Her next goal was to go on to college and pursue a career in the hospitality industry.

Whilst on the programme she completed modules within the Scottish Credit and Qualifications Framework in relevant areas, such as: working with others, problem solving, Information and Communication Technology and Employability Skills. It wasn't easy for her to complete the assessments in a training room environment but with a dream to pursue a career in cookery she worked hard to achieve her qualifications.

She also participated in the Larder's Pop up Cafes and developed more

practical skills such as working front of house, meeting and greeting customers, taking and serving orders, as well as working with the chef to prepare the food. Since completing her course, she enrolled on a Food Preparation and Cooking course at West Lothian College.

Funder:
*Anonymous Foundation
Scotland Trust*

“*I didn't enjoy school much and was given the opportunity to attend the Larder. I found the things I was doing easier to understand.*

Since leaving school, I have now started the Employability Programme. It has helped me a lot and could help a lot of others. The skills I've learned will help me in life and work.

(Larder Student)

Improving people's **life skills, education and employability**



Polish Cultural Festival Association - Celebrating Culture and Diversity

In the autumn of 2017 the Summerhall arts venue in Edinburgh played host to Kite and Trumpet, a cultural festival of Polish design for children. Young and old came together to participate in workshops, admire illustrated Polish Books, play games crafted in Poland and be inspired by fantastic theatre performances.

The event provided a great opportunity for local families to take part in fun, cultural activities whilst providing a platform for artists from the Polish community to showcase their work, network and create links between Polish and Scottish artists. To ensure a wide audience, performances were delivered in both Polish and English, not only to make it more accessible, but to showcase the contribution of the Polish community to Scottish cultural diversity.

Organisers were delighted with how popular the events were, with both the Polish and non-Polish communities.

Polish parents were eager to bring their children to the theatre where they could appreciate and learn Polish outside of the classroom setting.

Ignacio, a young boy born in Scotland to Polish and Spanish parents, spoke about the "Kite and Trumpet" festival with enthusiasm. His mum, Kasia enjoyed watching him celebrate his Polish heritage while playing and having fun. The theatre performances made a special impression on Ignacio. He could listen to the actors speaking Polish in a way he had never experienced before. He was entertained by the stories, laughing aloud, but also proud to have understood them.

Ignacio also helped his mum run one of the workshops called "Jumping Languages". The workshops helped children and parents to understand and celebrate bilingualism. Ignacio helped translate the story-telling part of the workshop into English for the non-Polish speaking participants. He could also share with other children his experience of switching between languages, and the fun and frustrations

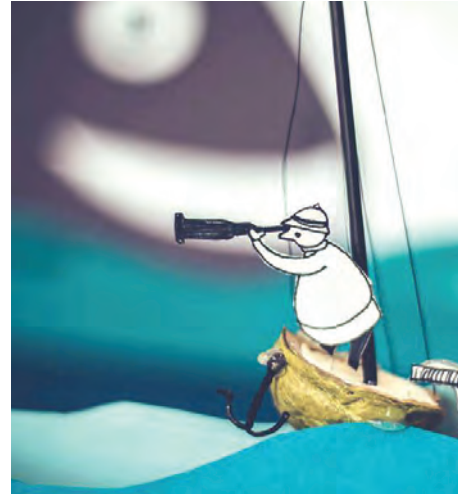
that come with it. He had a great time throughout the festival, with his room now decorated with many of the artefacts he made during workshops.



Funders: Longstone Trust, Elizabeth Drummond Charitable Trust, ScotRail Cultural and Arts Fund.



Connecting people with **arts, culture and heritage**



► Green Fingered Volunteers Creating Safe Spaces

Tucked away in the East End of Glasgow there is a team of community volunteers restoring residents' gardens and community spaces. They create a safe and friendly environment where people feel more secure in using these spaces.



Calton Green Volunteers was established in response to the issue that drug taking was being carried

out behind overgrown hedges in the area and the gardens were often the dumping ground for hazardous needles. During a pilot the team cut back hedges, removed weeds, restored grass or plants whilst also disposing of needles.

The result? Local people feel safer in their gardens and happier to leave their homes. Community police are also more engaged with what's happening and are addressing anti-social behaviour.

The pilot also included public spaces which were overgrown and underused, tidying them up and making them more welcoming. Prior to the programme parents were reluctant to send their children out to play due to discarded drug paraphernalia, but are now happier for their families to use these public spaces.

Following the funding from Spirit of Calton, the Green Volunteers have gone from strength to strength. They have taken over the raised beds in the community garden and are growing

vegetables, which are provided to community residents. More recently they have planted an orchard.

The biggest surprise to the volunteers has been the response of the local community and the way in which they have engaged with the project. Many of the residents are now getting involved and are learning from the volunteers how to manage their garden, and this has renewed a sense of pride in the place where they live.

The Green Volunteers have taken their next big step. With additional funding they have purchased a large storage container, which they have connected to water and power, and which they are transforming into a social hub. The team will use the local community garden as a place where people can come and share a cup of tea, a chat and their vision for the future of their community while working in the garden.

Funder: Spirit of Calton - a Fourteen Programme



Transforming access to and engaging with the *environment* and *public spaces*

► Uncovering the Past in Caithness

In 2005, a few stonework blocks were discovered on the floodplain of Swartigill. It was first thought that the blocks were the remains of an old mill, however on further inspection it was discovered that it was evidence of buildings dating back to the Iron Age. Yarrows Heritage Trust approached the University of Highlands and Islands and with their help further evidence was discovered which suggested a small village had once been there.

Over the years, the site has been well preserved and some highly important artefacts have already been recovered including pottery, a bronze ornament, stone tools and quern stones. The trust received further funding to support further excavation of the site. The plan was to establish a chronology of the



site and set it in its landscape context, including its relationship to other known Iron Age sites in the vicinity.

It was anticipated that the Heritage Trust would also be able to offer more structured training and educational activities, to foster and reflect the growing interest of the community. The site has no formal protection and it is anticipated that the excavation will form the basis of any future protection.

There is a strong community element with school children from Thrumster Primary school participating as "trainee archaeologists". Under guidance they had their own square metre test pit to dig and to record their findings.

The excavation serves to give a greater understanding of the transitional period from the late Bronze Age into the era of brochs, of which relatively little is known. The site has awakened interest in a subject which might previously have been only of interest to academics.

Funder: Tannach and District Community Trust, E.ON Camster Community Fund



Financial Summary



INCOME AND EXPENDITURE

	2015-16 £000's	2016-17 £000's	2017-18 £000's
Income	14,765	11,546	13,771
Gains and Losses on Investments	- 249	4,739	2,774
Grantmaking	5,853	7,352	9,580
Other Expenditure	2,069	2,029	1,660
	6,594	6,904	5,305

BALANCE SHEET

Unrestricted Funds	1,959	2,815	4,498
Restricted Funds	5,991	6,993	6,954
FS Capital Funds (endowment)	24,638	29,684	33,345
Total	32,588	39,492	44,797

GRANTMAKING

Value of Grantmaking	£5,853,000	£7,352,000	£9,580,000
Number of Awards	2,811	2,412	2,878



This is an extract of our accounts. To see our full published accounts visit <https://www.foundationscotland.org.uk/about-us/publications/>

Looking Forward

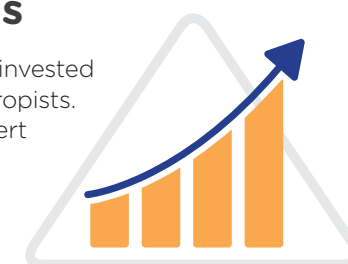
The Power of Community Endowment

The Foundation has provided an invested trust service for philanthropists for well over 15 years. These long-term funds distribute annual investment returns to support charitable causes recommended by the founding philanthropist. Managed well, these capital funds keep growing above inflation, and keep distributing charitable funds each year. The Foundation has begun to support communities with a similar service. The Kyle of Sutherland community and the Sunart community are each planning to start a community endowment. Working with the Foundation a long-term invested trust will be created, providing a future source of funding to support new ventures in their communities, and to help underpin the costs of their community anchor organisation.



Growing Invested Funds with Matched-donations

We have seen the success of other community foundations in growing long-term invested funds for their communities by offering matched-donation incentives for philanthropists. A programme which ran across England saw community foundations jointly convert £50 million of catalyst funds into £150 million of endowment funds using this approach. We will test out the idea in Scotland on a smaller scale, for individual and family philanthropists and also working with communities ready to establish an endowment.



Smart Funding Distribution for Greater Impact

The Foundation will continue to provide a range of funding award sizes, and often by means of well-established grantmaking practices. We have begun to widen our approaches to funding distribution, when it makes sense to target funding and also to provide more inclusive ways to involve communities in making funding decisions. These approaches include commissioning of projects, targeted grant funding, and also participatory budgeting. In the year ahead we will continue to grow our expertise in how we distribute funding.



A Growing Portfolio of Clients and Charitable Funding for Scotland

We paid attention to our own capacity during the year, so we could deliver a growing portfolio of funds. The pipeline of new community funds led to a small increase in our Communities Team capacity, ready to implement these funds, many of which are now live. We also reconfigured our Programmes Team and Philanthropy Team, to focus on their specialist areas and ahead of expected growth in the number and range of funds. We distributed about £10 million last year, by way of nearly 3,000 funding awards, which is new ground for the Foundation. However, the signs suggest this will be repeated, so we look forward to delivering increased impact across Scotland's communities in the year ahead.

