

WESTFIELD WIND FARM CARDENDEN COMMUNITY FUND



PROJECT 7

CARDENDEN AMATEUR SWIMMING CLUB - SWIMMING LESSONS GRANT REQUEST: £1,350

The "Swim for Confidence" project is seeking funding to provide structured swimming lessons for around 55 children aged 4-11 in the Cardenden area, addressing gaps in access to swimming opportunities that many families are struggling to afford during the current cost of living crisis. Delivered twice weekly by a qualified coach sourced through Scottish Swimming, the programme will accommodate five ability-based groups from complete beginners to advanced swimmers, ensuring each child receives appropriate instruction tailored to their skill level at the local pool with exclusive use secured. By removing financial barriers to participation, this project ensures children who may not otherwise access swimming can develop essential water safety skills, confidence, and physical fitness whilst fostering community engagement and family involvement. The programme includes motivational elements such as weekly 'Student of the Week' and a celebration event where participants receive certificates and medals, creating an inclusive environment where children can gain swimming skills.

Established in 1950, Cardenden Amateur Swimming Club has served the local community for over 70 years, providing swimming training, coaching, and recreational activities for all ages and abilities. Operating from the local swimming pool, the club delivers sessions on weekday evenings and weekends, creating flexible opportunities for participation. Through its comprehensive programme, the club promotes physical fitness, water safety, skill development, and community engagement, supporting approximately 100 people annually who benefit from accessible swimming opportunities building confidence, health, and social connections.